

Skillt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	302	313	104	301	324	224	16	125	217	6	226	128	104	124						



1



2



3



4



1

H



16

H



14



15

H



13



12

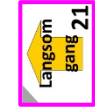


11



10

H



18



17

H



6

H



5

H



7

H



8

H



9

H

Skillt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	302	313	104	301	324	224	16	125	217	6	226	128	104	124	320	322	5	21		



14



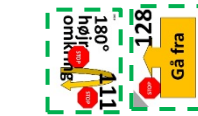
H 15



13



2



H 16

12



3



6 H



11



4



5



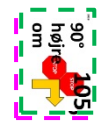
10



9



8



7 H

Skillt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	107	205	104	225	226	224	105	122	217	6	232	128	104	124	218	111				



14



2



13



3



12



6



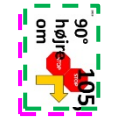
5



4



11



7



8



9



10

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	107	129	104	4	127	3	105	126	117	6	120	128	104	124						

