



3 H



12



13



14



4



2 H



11



15



5



2



18 H



10 H



17 H



1



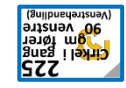
9 H



7



8



6

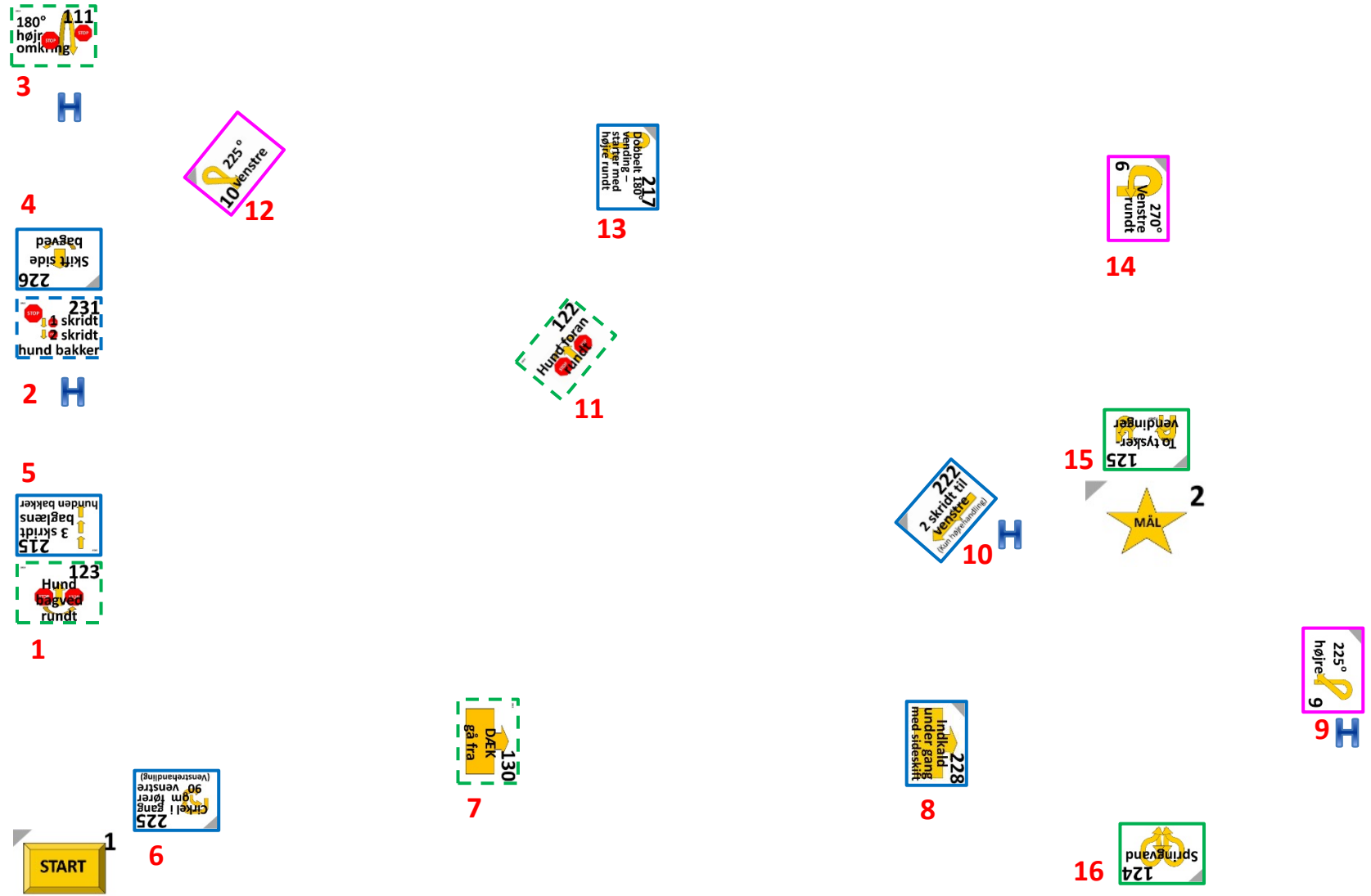


1



16

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	123	306	111	300	215	225	130	228	9	318	122	10	217	6	125	124	327	324		



Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	123	231	111	226	215	225	130	228	9	222	122	10	217	6	125	124				



3



12



13



14



4



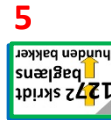
2 H



11



10



5



1



9



7



8



2



6



1

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	123	35	124	126	127	5	130	104	9	114	44	10	38	6						

