

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	22	14	23	124	21	15	23	10	300	320	19	319	233	301	129	228	13	130	228	305

19
 Synkron
 venstre om
 11

221
 2 skridt til
 højre
 (kun venstrehandl.)
 12

222
 2 skridt til
 venstre
 (kun højrehandl.)
 H 10

23
 Alm. gang
 3
 21
 Alm. gang
 5

233
 90° venstre - STA
 90° højre - STA
 13

300
 Skift side
 foran
 9

14
 90° højre
 2
 15
 360° til
 venstre
 6
 360° til
 højre

22
 Løb
 H 1
 23
 Alm. gang
 7

301
 90° venstre
 om
 kegler
 (kun venstrehandl.)
 14



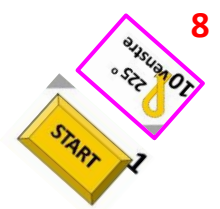
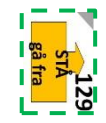
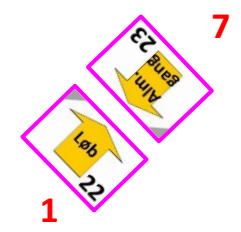
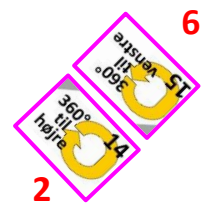
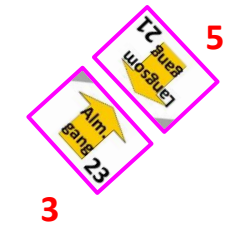
129
 STA
 gå fra
 H 15

228
 Indkald
 under gang
 med sideskift
 16
 2
 MAL

13
 Tysker
 vending
 17

10
 225°
 venstre
 H
 START
 1
 8

Skillt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	22	14	23	124	21	15	23	10	300	222	19	221	233	301	129	228	13			



Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	22	14	23	13	21	15	23	10	226	222	124	221	233	5	129	228	11	130	228	



12



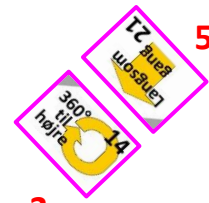
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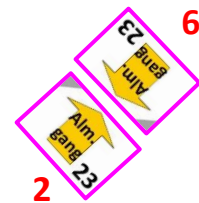
4



13



3



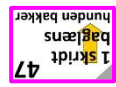
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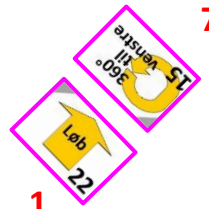
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9

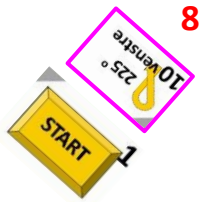


14



1

15



8



2

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	22	23	14	13	21	23	15	10	43	20	18	12	44	47						